

Je m' appelle .....

La date:.....

Classe:.....



## L'Alimentation Saine (1)

Go to [www.euroclub-schools.org](http://www.euroclub-schools.org).. Enter the Quiz Zone and click on the French flag.  
Choose the French quiz called Healthy Eating.

### Trouve et écris les mots en français:

1. to drink water \_\_\_\_\_ 2. to eat sweets \_\_\_\_\_

3. to have a good breakfast \_\_\_\_\_

4. to eat five fruits and vegetables per day \_\_\_\_\_

5. to eat oranges \_\_\_\_\_ 6. to eat cereal \_\_\_\_\_

7. to eat burgers and hot dogs \_\_\_\_\_

8. to drink Coca-cola and to eat fries \_\_\_\_\_

Go to **Question 1**. Manger des bonbons.

*By clicking on the answers, find the French words for:*

1. You are right! \_\_\_\_\_

2. You have made the right choice! \_\_\_\_\_

3. Sorry! \_\_\_\_\_

4. There is too much sugar! \_\_\_\_\_

5. Unfortunately, he has eaten too many sweets. \_\_\_\_\_

6. Look at his poor teeth! \_\_\_\_\_

7. It is bad for health. \_\_\_\_\_

8. To eat too much sugar is not good for teeth.

Go to **Question 2.** [Manger des oranges.](#)

By clicking on the answers, find the French words for:

1. Click here to find out why it is the correct choice.

---

2. It's wonderful! \_\_\_\_\_

3. She has eaten an orange. \_\_\_\_\_

4. She goes quickly! \_\_\_\_\_

5. Oranges contain vitamin C. \_\_\_\_\_

6. This vitamin makes us more energetic.

---

7. No! You are not right! \_\_\_\_\_

Go to **Question 3.** [Manger des burgers et des hot-dogs.](#)

By clicking on the answers, find the French words for:

1. You chose the correct answer! \_\_\_\_\_

2. In general, fast-foods are too fatty and salty. \_\_\_\_\_

---

3. One puts on weight. / You put on weight. \_\_\_\_\_

4. It is necessary to avoid eating food that is too fatty and too salty.

---

5. some good advice \_\_\_\_\_

6. They contain saturated fat and dangerous additives. \_\_\_\_\_

---

7. Click here to find out more. \_\_\_\_\_

Je m'appelle .....

La date:.....



Classe:.....

## L'Alimentation Saine (2)

Go to [www.euroclub-schools.org](http://www.euroclub-schools.org).. Enter the Quiz Zone and click on the French flag.

Choose the French quiz called Healthy Eating.

### Trouve et écris les mots en français.

Go to **Question 4. Boire de l'eau.**

*By clicking on the answers, find the French words for:*

1. Congratulations! \_\_\_\_\_

2. You are absolutely right! \_\_\_\_\_

3. This time you did not choose the right answer. \_\_\_\_\_

4. One needs / You need to drink around two litres of water each day. \_\_\_\_\_

5. Water guarantees good functioning of the body. \_\_\_\_\_

6. They are healthy! \_\_\_\_\_

7. Move on to the next question. \_\_\_\_\_

8. They drink at least eight glasses of water per day! \_\_\_\_\_

9. Water is essential for life! \_\_\_\_\_

Go to **Question 5. Boire du Coca-cola et manger des frites.**

*By clicking on the answers, find the French words for:*

1. You are perfectly right! \_\_\_\_\_

2. No! It's wrong! \_\_\_\_\_

3. Fizzy, sugary drinks are bad for teeth. \_\_\_\_\_

**Question 5 (Continued)** Boire du Coca-cola et manger des frites.

4. Fatty foods are bad for the body. \_\_\_\_\_

\_\_\_\_\_

5. It is necessary to avoid sugary and fatty foods. \_\_\_\_\_

\_\_\_\_\_

6. Good advice for a healthy life. \_\_\_\_\_

Go to **Question 6.** Manger des céréales.

*By clicking on the answers, find the French words for:*

1. Sometimes yes. Sometimes no. \_\_\_\_\_

2. natural, wholegrain cereal \_\_\_\_\_

3. sugary cereal \_\_\_\_\_

Go to **Question 7.** Prendre un bon petit déjeuner.

*By clicking on the answers, find the French words for:*

1. It's going really well! \_\_\_\_\_

2. What a pity! \_\_\_\_\_

3. Breakfast is the most important meal of the day! \_\_\_\_\_

\_\_\_\_\_

4. Did you know that? \_\_\_\_\_

5. Why? \_\_\_\_\_

6. It provides our body with 25% of the energy required each day. \_\_\_\_\_

\_\_\_\_\_

7. Let's continue! \_\_\_\_\_

Go to **Question 8. Manger cinq fruits et légumes par jour.**

*By clicking on the answers, find the French words for:*

1. It's going very well! \_\_\_\_\_

2. It's going badly! But don't worry!. \_\_\_\_\_

\_\_\_\_\_

3. It is very important to eat fruits and vegetables. \_\_\_\_\_

\_\_\_\_\_

4. They are rich in fibre, minerals and vitamins. \_\_\_\_\_

\_\_\_\_\_

5. Fruits and vegetables are good for us. \_\_\_\_\_

\_\_\_\_\_

6. end of the game \_\_\_\_\_